

**SUMMER  
2024**

**NIKE  
TENNIS  
CAMPS.**





# LEARN. TRAIN. PLAY.

Residential 1- or 2-week camps in July and August for boys and girls aged 10-17, run by former ATP professionals at two leading tennis schools in England.

Players can choose from programmes designed for their tennis level and elect to take English language lessons alongside their tennis training. Camps include an action-packed schedule and a diverse mix of nationalities, ensuring young players are challenged on-court, maximise their learning and gain a valuable cultural experience.





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# CAMP OPTIONS

Choose from either **TOTAL TENNIS** or **TENNIS + ENGLISH**.  
Both options are available as a 6- or 13-night camp.

## OPTION 1

### TOTAL TENNIS

- Up to 24 hours a week of tennis coaching and match play
- Up to 8 hours a week of sports-related workshops
- Suitable for all English language abilities except beginners

## OPTION 2

### TENNIS + ENGLISH

- Up to 24 hours a week of tennis coaching and match play
- Up to 13 hours a week of English Language lessons using an accelerated model of English learning
- Suitable for all English language abilities



## ALL CAMPS INCLUDE



PRO TENNIS  
COACHING



24/7  
SUPPORT STAFF



ON-SITE  
ACCOMMODATION



EXCLUSIVE NIKE  
GIFT PACK



SPORTS WORKSHOPS  
OR ENGLISH LESSONS



3 NUTRITIONALLY  
BALANCED MEALS A DAY



EXCURSIONS TO  
CITIES + LANDMARKS



COACHING REVIEW  
+ CERTIFICATE





# COACHING

## 360° TENNIS

Players are assessed and grouped by ability. Each group's programme is customised to maximise individual skill progression. Working on a maximum 1:6 ratio, coaches use demonstration, practice and detailed feedback to provide players with insight into their technique and how to improve.

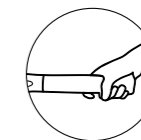
## RAISE YOUR GAME

Advanced players are challenged technically, tactically and physically while developing players learn to master grip, spin, movement, and consistency. Alongside short-set matches and challenges, fitness and conditioning drills are used to improve footwork, balance and speed.

## ON COURT



**TACTICS**



**TECHNIQUE**



**FITNESS**



**MOVEMENT**



**MATCH PLAY**



# MEET THE TENNIS DIRECTORS



## GILL LEMORE

Gill has directed Nike Tennis Camps in the UK for 11 years. He is a multi-lingual former ATP Tour player and highly qualified performance coach with experience of working with players of all ages and abilities in Europe and the US.

He is a USPTA Qualified Professional, a PTR France Qualified Instructor, and a Level 4 LTA Performance coach.

## CRAIG WALKER



Fluent in Spanish and French, with great motivational skills, Craig is a Level 5 LTA Master Performance Coach. He works year-round with elite ITF junior players making their way in the sport.

He has a particular interest in helping players to develop a strong and winning mentality in parallel with their technical ability.



# TAKING PASSION FOR SPORT INTO THE CLASSROOM



# ENGLISH TEACHING

## WHAT TO EXPECT




Classes focus on sport, harnessing students' passion for the subject to promote language learning in a fun and interactive environment. Using the CLIL (Content and Language Integrated Learning) model of English, qualified teachers infuse language learning into lively and active classes where sports-based projects, discussions and activities take centre stage.

Teachers guide students to improve their verbal communication skills while discussing legendary players, interviewing coaches, or writing and speaking their own match commentary. Learning is supported by English teachers living on-site and English is spoken at all times throughout the camp, creating an immersive learning environment.

## HOW IT WORKS

Students are grouped into classes based on a combination of age and ability. They complete a short online assessment before the camp starts and then speak with a teacher on arrival to ensure they are correctly placed for their level. At the end of the camp, each player receives a written report and advice on how to continue their learning at home.

## WHAT'S INCLUDED

-  UP TO 13 HOURS OF ENGLISH LESSONS PER WEEK
-  1:12 TEACHER TO STUDENT RATIO (AVERAGE)
-  INDIVIDUAL REPORT TO TAKE HOME





# WORKSHOPS

## WHAT TO EXPECT

Players taking the Total Sport option follow a series of workshops and recovery activities throughout the camp. They are introduced to a range of topics designed to give a broader view and better understanding of athletic performance, and what it takes to succeed on and off the court. Recovery exercises, such as yoga, help players manage the workload of training twice a day.



## WORKSHOP EXAMPLES



### NUTRITION

WHY WHAT YOU EAT AND DRINK MATTERS



### DIVERSITY & INCLUSION

LEVELLING THE PLAYING FIELD AND EMBRACING DIVERSITY



### ELITE PERFORMANCE

WHAT IT TAKES TO PERFORM AT THE HIGHEST LEVEL



### YOGA

INJURY PREVENTION AND INCREASING FLEXIBILITY



### WELLNESS

UNDERSTANDING PHYSICAL AND MENTAL HEALTHY HABITS



# ELEVATE YOUR GAME OFF THE COURT





**WE CREATE A  
TEAM ATMOSPHERE  
ON THE CAMP WITH  
A BALANCE OF  
HARD WORK,  
FUN AND FRIENDLY  
COMPETITION.**

**– GILL LEMORE, TENNIS DIRECTOR**



# VENUES

Choose from two world-class camp venues, depending on dates and ability.

## RADLEY COLLEGE OXFORD

DEVELOPING + ADVANCED PLAYERS



## BRADFIELD COLLEGE READING

ALL TENNIS ABILITIES





# RADLEY COLLEGE OXFORD

## HIGH PERFORMANCE PROGRAMME AT A LEADING PRIVATE SCHOOL WITH BRAND-NEW TENNIS FACILITIES

Founded in 1847, Radley College is an historic British private school set in over 800 acres of self-contained grounds in the idyllic English countryside near Oxford. The school has 8 new competition-standard poraflex® acrylic courts located in the heart of the campus. Grass courts nearby provide a different surface to challenge players to adapt technique.

Our high-performance programme, designed by former tournament professionals, aims to take players to the next level in an inspirational setting. These camps are suitable for those who play regularly at school or club level and are not suitable for beginners.

### SUITABLE FOR

- Boys and girls aged 10-17
- Developing and advanced tennis players





# RADLEY COLLEGE THE DETAILS

## ACCOMMODATION

Single bedrooms with shared bathrooms

## TRANSFERS

We offer an airport shuttle service from the following airports:

- London Heathrow Airport (LHR) 44 miles / 70km
- London Gatwick Airport (LGW) 77 miles / 125km

## EXCURSIONS

### ALL CAMPS

- Theme Park or
- Oxford Tour

### 13-NIGHT CAMPS ONLY

- London Experience

## FACILITIES

- 8 poraflex acrylic courts
- Indoor courts nearby
- Grass courts nearby
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- Laundry facilities
- On-site camp shop



# 2024 CAMP DATES

## 6-NIGHT CAMPS MONDAY - SUNDAY

- 08 Jul - 14 Jul
- 15 Jul - 21 Jul
- 22 Jul - 28 Jul
- 29 Jul - 04 Aug
- 05 Aug - 11 Aug
- 12 Aug - 18 Aug

## 13-NIGHT CAMPS MONDAY - SUNDAY

- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug
- 05 Aug - 18 Aug





# BRADFIELD COLLEGE READING

## **CAMP FOR ALL TENNIS ABILITIES AT ONE OF ENGLAND'S TOP TENNIS SCHOOLS**

Located in the heart of the beautiful Berkshire countryside, yet only 45 minutes from London Heathrow, Bradfield College is an LTA-approved tennis centre and one of Britain's finest private schools. Bradfield's tennis development centre has 3 indoor competition-standard acrylic hard courts, outdoor floodlit clay and hard courts.

Bradfield College provides the perfect facilities and setting for players of all abilities to develop their game in a fun and engaging environment.

### **SUITABLE FOR**

- Boys and girls aged 10-17
- All tennis abilities





# BRADFIELD COLLEGE THE DETAILS

## ACCOMMODATION

Mix of single and shared bedrooms

## TRANSFERS

We offer an airport shuttle service from the following airports:

- London Heathrow Airport (LHR) 32 miles / 51km
- London Gatwick Airport (LGW) 60 miles / 96km

## EXCURSIONS

### ALL CAMPS

- Theme Park or
- Oxford Tour

### 13-NIGHT CAMPS ONLY

- London Experience

## FACILITIES

- 6 outdoor clay courts
- 6 outdoor hard courts
- 3 indoor Plexipave acrylic courts
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- Laundry facilities
- On-site camp shop



## 2024 CAMP DATES

### 6-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 07 Jul
- 08 Jul - 14 Jul
- 15 Jul - 21 Jul
- 22 Jul - 28 Jul
- 29 Jul - 04 Aug
- 05 Aug - 11 Aug

### 13-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 14 Jul
- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug



**MY SON CAME HOME  
FROM CAMP  
REALLY HAPPY.  
THE TENNIS IS GREAT,  
BUT THE  
CAMP ATMOSPHERE  
IS EVEN BETTER.**

**– PARENT, NIKE TENNIS CAMP 2023**



# CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions.



## THEME PARK

### EVERY OTHER WEEK

There's something for everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.

## OXFORD TOUR

### EVERY OTHER WEEK

Players explore the historic city of Oxford, home to the oldest university in the English-speaking world, with magnificent architecture and academic history around every corner.

## LONDON EXPERIENCE

### 13-NIGHT CAMPS ONLY

Players experience the sights of England's capital city including the famous 'Big Ben' and Buckingham Palace, rounding the day off with the chance to do some shopping.







# LIFE ON CAMP

Camps are action-packed with sport, learning and meeting friends from around the world. Here are some useful insights about life on camp and how players are looked after.

## ACCOMMODATION

Players stay in boarding houses on campus based on age group, with boys and girls in separate houses. All houses have a communal players' lounge for relaxing during downtime. Some boarding houses have single bedrooms only. Where houses have shared bedrooms, we may be able to accommodate roomshare requests.

## DIET, NUTRITION AND HYDRATION

Meals are nutritionally balanced and designed for young athletes. There are a variety of options to choose from, including a vegetarian option. Welfare staff guide each player to ensure they are eating and drinking enough of the right foods during the camp. Coaches ensure players drink plenty of water during training sessions.

## WELFARE STAFF

There is a dedicated camp management and welfare team on-site all day and night. They are trained to look after players' wellbeing and are always on hand to help, support and guide campers to reach their full potential.

## MEDICAL AND INJURY

A nurse is available each day to monitor illness, medical conditions and dispensation of medication. Further support and advice is provided by an on-call private doctor. Sports therapists or physiotherapists are present during sports sessions in case of injuries and subsequently to advise on recovery.



# A TYPICAL DAY

## MORNING

- BREAKFAST
- MORNING MEETING
- TENNIS COACHING

## AFTERNOON

- LUNCH
- ENGLISH OR WORKSHOPS
- RECOVERY + WELLNESS

## EVENING

- DINNER
- TENNIS COACHING
- RELAX + LIGHTS OUT





# DATES + DETAILS



## CAMPS AT RADLEY COLLEGE

### AVAILABLE CAMP OPTIONS

#### TOTAL TENNIS

- Up to 24 hrs of tennis a week
- Up to 8 hrs of workshops a week

#### TENNIS+ENGLISH

- Up to 24 hrs of tennis a week
- Up to 13 hrs of English a week

### DESIGNED FOR

- Developing + advanced players
- Boys and girls aged 10-17

### EXCURSIONS

- Oxford Tour (weeks with\*)
- Theme Park (weeks without\*)
- London Experience (13-night camps only)

#### 6-NIGHT CAMPS MONDAY - SUNDAY

- 08 Jul - 14 Jul\*
- 15 Jul - 21 Jul
- 22 Jul - 28 Jul\*
- 29 Jul - 04 Aug
- 05 Aug - 11 Aug\*
- 12 Aug - 18 Aug

#### 13-NIGHT CAMPS MONDAY - SUNDAY

- 08 Jul - 21 Jul
- 15 Jul - 28 Jul
- 22 Jul - 04 Aug
- 29 Jul - 11 Aug
- 05 Aug - 18 Aug

## CAMPS AT BRADFIELD COLLEGE

### AVAILABLE CAMP OPTIONS

#### TOTAL TENNIS

- Up to 24 hrs of tennis a week
- Up to 8 hrs of workshops a week

#### TENNIS+ENGLISH

- Up to 24 hrs of tennis a week
- Up to 13 hrs of English a week

### DESIGNED FOR

- All abilities
- Boys and girls aged 10-17

### EXCURSIONS

- Oxford Tour (weeks with\*)
- Theme Park (weeks without\*)
- London Experience (13-night camps only)

#### 6-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 07 Jul\*
- 08 Jul - 14 Jul
- 15 Jul - 21 Jul\*
- 22 Jul - 28 Jul
- 29 Jul - 04 Aug\*
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#### 13-NIGHT CAMPS MONDAY - SUNDAY

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# BOOK A TENNIS CAMP TODAY.

**SPEAK TO YOUR  
AUTHORISED AGENT.**



Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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